

Rev. Mike Winters
Pastor
Leigh Clark
Minister of Music & Youth
Dr. Ray Jones, Jr.
Pastor Emeritus

WISE BAPTIST NEWS

A PUBLICATION FOR MEMBERS AND FRIENDS OF
WISE BAPTIST CHURCH

May 17, 2016

A place for faith and fellowship with family and friends.



Dear church family and friends,

Depression afflicts as much as 10% of people at any given time. What I mean by depression is not being a little down or blue, but a deep sadness that reaches into every part of one's life.

New research reveals that one cause of depression is the "busy brain" syndrome. There is too much blood flow and activity in the central part of the brain that processes the senses of sight, hearing, smell, and touch. That same area of the brain affects emotions and motivation. The end result is a strong depressive force inside the brain—the outside world as well as emotions are filtered through a depressive lens. It would be like always wearing dark sunglasses.

This is why certain approaches to someone who is depressed are not helpful. Someone who experiences the world around them through the dark glasses of depression will not respond to a pep talk, or the suggestion that they try harder. It is like asking a person with a broken leg why they can't run. The reason is that their leg is broken. It must heal before it can be properly used. Someone who is depressed has a brain that is "broken". It needs to heal before it can work properly.

In I Kings 19, Elijah is depressed. God sends an angel to him. It is interesting what the angel does and does not do. He does not scold or judge him. He touches him to let him know food and water have been provided and then lets him sleep. When his physical needs are met, he is ready to address his spiritual needs.

Next week, I will continue with Part Two on this subject.

Love,
Pastor Mike

IMPORTANT DATES

"Armor of God"
May 19

Ballroom Dancing
May 22

**Gasoline Buy-Down
and Free Car Wash**
May 21

**Leadership Team
Meeting**
May 26

Mission Trip Yard Sale
June 2, 3

Vacation Bible School
June 20-23

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DEACONS 2015-16

Lewey Lee	328-3845
Dan Helton	328-6086
Edgar Owens	328-6129
John Kennedy	328-5013
Matt Meade	393-9177
Daniel Ray	328-2483
Jerry Baird	393-0923
Gil Blackburn	328-0046
Ron Helton	393-6145

How to Join Wise Baptist Church:

Express one of the following to the Pastor during the closing hymn:

- † **Transfer of Letter** Transfer membership to Wise Baptist Church
- † **Baptism** Desire to express faith in Christ through baptism
- † **Statement of Faith** Baptized believer not on a membership roll
- † **Watch Care** Desire to be connected to our Church family without official membership

ANNOUNCEMENTS

With Heartfelt *Sympathy*

We extend our heartfelt sympathy to Marty Kennedy in the loss of his dad, Kester Kennedy, Sr., who passed away on May 15, 2016. Please keep Marty & Rose and their family in your prayers.



GASOLINE BUY-DOWN / FREE CAR WASH

The deacons are sponsoring 2 Servant Evangelism projects on **Saturday, May 21!**

Plan to join us that day as we reach out to our community to share God's love.

Gasoline Buy-Down: Valero station on Darden
Free Car Wash: Valero station near Lowe's.



Please contact Daniel Ray or call the church office for a shift: 1—2:30 pm or 2:30—4 pm.

We only need volunteers for the Car Wash at this point.



MARK YOUR CALENDAR FOR VBS: **JUNE 20—23**

Our Vacation Bible School theme for 2016 is "*Cave Quest!*"

Children ages 3—Grade 6 will learn how to become grounded in the rock-solid foundation of God's love—a love that takes us through life's dark times.

Please contact Susan Mullins if you would like to help with this year's Vacation Bible School!

Bible Study **Wednesday Night**

Each Wednesday begins with a fellowship meal at 6:00pm, followed by Small Group Bible studies for adults, Youth Bible Study and a Children's Mission Program at 6:45. The choir rehearses at 7:50.

LEADERSHIP TEAM: DINNER MEETING
THURSDAY, MAY 26, 6:30 PM
MIKE & TERRY'S HOUSE



Bill & Erra Sutherland's new address:
P.O. Box 381
Harrogate, TN 37752

As you pray, please remember...

Tony Hill, Marty Kennedy and family, Lois Stallard, the Don Farmer family, Irene Black, Papa Joe Smiddy, Ray and Carolyn Jones, Artie and Clifford Bailey, Kim Boggs, Pat Boggs, Archie and Joanne Kennedy, Elizabeth and Susan Davidson, Hubert Breeding, John and Kay Wright, Pat and Fred Adkins, Bea Hill, all the cancer patients in our area, and our men and women in the military.



Hospitalized: Archie Kennedy (Mountain View Long-Term Care)

Our Shut Ins: Hazel Dixon (Mountain View), Martha Gilliam, Eddie Culbertson, Vernoy Bolling, Peggy Tolbert (Heritage Hall—BSG), and Florine Pennington (The Laurels).

If you know of other prayer concerns, please contact the church office (328-6247).

A Special Place



There is a place in my busy week when I take time to join with some of my best friends and share

a common interest. The majority of our time is dedicated to study, taking time for each person's questions that may go unanswered in other places. We also take time to share our joys, our concerns and support for each other like a close-knit family. I always leave feeling uplifted, with new or growing knowledge on our topic and a sense of belonging to a very special group.

So where is this special place? This special place is within Wise Baptist Church and it is called Sunday School. Our common interest is studying God's word and how we can apply it to our lives that we may "*be...doers of the word, and not hearers only*" (James 1:22).

In Sunday School we have the time to get to know each other far beyond the moments we are able to share in the worship service alone. As classmates, we rejoice together in the good times and pray for the challenges that we each face in our lives. When life is most challenging, it is especially encouraging to be surrounded by and in the prayers of classmates that you know really care. If you are a member of a Sunday School class, you may know exactly what I am saying.

If you aren't part of a Sunday School class yet, I would encourage you to check one out next Sunday. If you would like more information on classes, contact me or simply note this on your communication card in Sunday's bulletin.

~ Oscar Raile, Sunday School Director
owr3k@uva.wise.edu

"Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth."

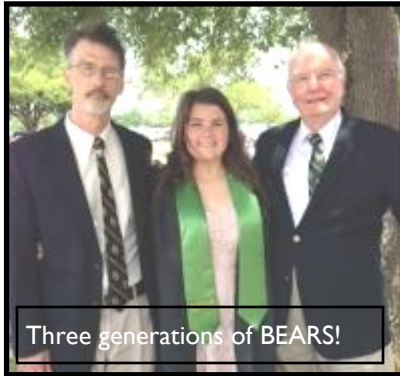
(2 Timothy 2:15)



From Leigh

Thank you so much to my friend, Donna Hutchinson, for leading the music in worship last Sunday. I don't like to be away from church but sometimes it is necessary. So, I am thankful to have someone who is more than capable and always willing to help me out!

I would also like to thank the Mission Committee for hosting the Mexican Fiesta on Sunday. So many people helped make that meal a success! Thank you!



Three generations of BEARS!

Mark and I were in Texas for Anna's graduation. It was such a wonderful occasion. To make it extra special, all of her grandparents were there! Aaron was also able to be there. And, my sister Leslie and her husband, Tresler, also made the trip.

Anna and Mark are taking a trip to Europe. When they return, Anna will be moving to Memphis to teach school with the Teach for America program. We are excited and proud of her for this wonderful accomplishment.

Both kids are graduated and employed—woohoo! What now? Well, our role in their lives will definitely change but I will be their "momma" forever! Which means some worry and stress but mostly it means lots of prayers, phone calls and text messages, traveling and words of encouragement.

You know, this is a tough world and all of us need people on our side, cheering us on. Please know that your cheers for my family, especially for Aaron and Anna, have been heard and felt! And, we hope that you will continue!

I am praying for you this week; pray for each other, too.

Blessings, Leigh



- May 22 Courtney Coughlin
Archie Kennedy
Christina Meade
Jordan Owens
- May 23 John Thacker
- May 24 Grace Allio
Sarah Means
- May 18 Glenn and Bea Hill



JUNE 2, 3

A second Mission Trip Yard Sale is scheduled for June 2 & 3 from 8 am-5 pm at the Rock. Go through your garage & attic one more time—remember: your "trash" is someone else's "treasure"!

MARK YOUR CALENDAR—JUNE 19!

We will have a special day of music with Papa Joe Smiddy, Joe Frank, and members of our Blue Grass group during worship on that Sunday morning. Stay tuned for more info!



MISSION TRIP

Thank you, ladies, for a wonderful meal on Sunday! Over \$400 was raised to help our group get to Florida this summer.

On June 11, the mission team will have a carwash at Freedom Ford in

Wise from noon-3pm. Tickets will be available this Sunday. See Bryon Burton for more information.

Thank you for all of your support! Especially thank you for your prayers!

July 2-9 Mission Trip to Gainesville, Florida



Special thanks to Lori Crisp for not only providing the meal on Sunday, but for also leading the Flock in a time of fellowship and devotion! We are blessed to have wonderful parents at WBC! Our dinner on Sunday, May 22 will be provided by Beth Snodgrass and Angela Gervais. Be there and bring a friend!

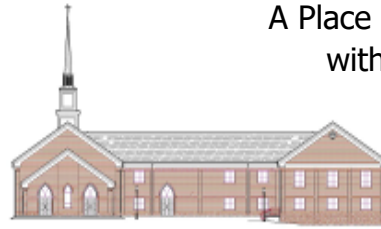
Congratulations to Austin Bordlee for qualifying for the Regional Track meet in discus, shotput, the 4 x 100 relay and the 200m sprint. He threw a personal best, 125.2, in the discus last week!

I look forward to seeing everyone this week for Bible study on Wednesday and Sunday!

Volunteers this Week

Deacons On Call:	5/15-5/21	Lewey Lee, John Kennedy
	5/22-5/28	Dan Helton, Gil Blackburn
Building Stewards:		Ron, Dan, Scott S
Instrumentalists:		Susan M., Susan S.
Worship Welcome Team:		Dave Belcher, Misty Belcher, Jeff Kiser, Oscar Raile, Daniel Ray
S.S. Greeters:	05/22	Lewey & Brenda Lee
	05/29	Mike & Rebecca Osborne
Nursery:	05/22	Kathy Osborne, Emma Snodgrass
	05/29	Butch & Donna Hutchinson
Children's Church:	05/22	Donna Hutchinson
	05/29	Susie Powers
PA:	05/22	Mike Strouth
	05/29	Marty Adkins
Tellers:	May	Edgar Owens, Mike Strouth
	June	June Dotson, David Mullins
Ushers:	05/22	Jeff Dotson*, Gary Smith^, Clyde Vance^, Gil Blackburn, Steve Horton, Marty Kennedy, Jim Sturgill, Jack Tolbert
	05/29	Youth (*Offertory Prayer; ^Choir Ushers)
Wed. Serving Team:	05/18	Teresa Adkins, Jean Aker, Bonnie Owens
	05/25	Sherry Collie, Brenda Kunigelis, Sandy Mullins, Beverly Viers
Wed. Meal:	05/18	Hot Dogs, Baked Beans, Potato Salad, Slaw, Chips
	05/25	Tacos, Rice, Refried Beans, Chips & Salsa
Children in Action	05/18	Kathy Dotson
	05/25	Kathy Dotson

A Place for Faith and Fellowship
with Family and Friends



WEEKLY OPPORTUNITIES

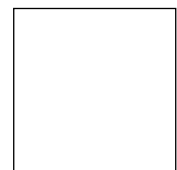
Sunday	Sunday School	10:00 am
	Worship	11:00 am
	Ballroom Dancing	4:30 pm
	Youth	6:00 pm
Monday	Piecemakers & Caring Friends (1st & 3rd)	9:30 am
Wednesday	Fellowship Meal	6:00 pm
	Bible Study	6:45 pm
	Children in Action	6:45 pm
	Sanctuary Choir	7:50 pm
Thursday	Women on Mission (2nd)	2--4 pm
	Armor of God Bible Study	7:00 pm
Saturday	Gasoline Buy Down & Free Car Wash	1--4 pm

Rev. Mike Winters Contact Information

Mailing Address: 8915 Red Maple Dr., Wise, VA 24293
E-mail: MikeWinters@wisebaptist.com
Phone: 276.328.6247 **Cell:** 540.280.5598

Phone: (276) 328-6247 Website: www.wisebaptist.com Email: wisebaptist@verizon.net Fax: 276-328-6204

Wise Baptist Church
P.O. Box 777
Wise, VA 24293



Like us at: Wise Baptist Church
and at Wise Baptist Youth

Thought for the week:
**Sometimes, the brain must
 heal physically, before the
 mind can be managed.**